

# KCNA MEETING SCHEDULE

Local meetings only

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	SATURDAY
8:00 AM							
9:00 AM							
10:00 AM	Sunday Morning Survivors ID 672815777 (ZOOM)						
11:00 AM							
12:00 PM		Basic Group of NA (So. H St. Nooner) ID:861-8095-5249		Basic Group of NA (So. H St. Nooner) ID: 859-4328-1506		Friday nooner ID: 86562486414 (Zoom)	
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Quarantine NA:Kern County (FB LIVE)		Quarantine NA: Kern County (FB LIVE)		Quarantine NA:Kern County (FB LIVE)		
6:00 PM							
7:00 PM	Serenity Seekers ID: 7213567785 Password:358234 (ZOOM)		Butt Naked Recovery ID: 381 661 7210 (ZOOM)	Awake in the woods (Frazier Park 1hour) ID: 584-446-0423 Password:93225		Leading Ladies ID: 83936315672	Awake in the woods (Frazier Park 90min) ID: 82130434895 Password:93225
8:00 PM				Just For Today Meeting ID: 5594841409 (call Andrea D 6618175789 for password)		Friday Night Live ID: 709-398-824 (ZOOM)	
9:00 PM							
10:00 PM							

**NOTES**

CAUTION: if you are holding virtual meetings, check your settings. Trolls/ hackers have been “zoombombing” public meetings by sharing their screen and playing violent, disturbing, or pornographic content. A few simple changes will prevent this: -Change screen sharing to “Host Only” - Disable “Join Before Host” so people cannot cause trouble before you arrive. -Enable “Co-Host” so you can assign others to help moderate. - Disable “File Transfer” so there’s no digital virus sharing. -Disable “Allow Removed Participants to Rejoin” so booted attendees cannot slip back in.